

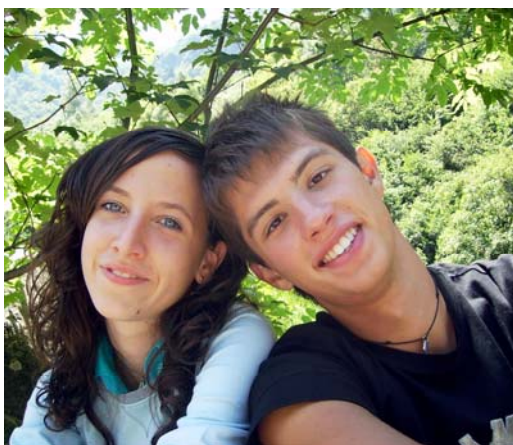
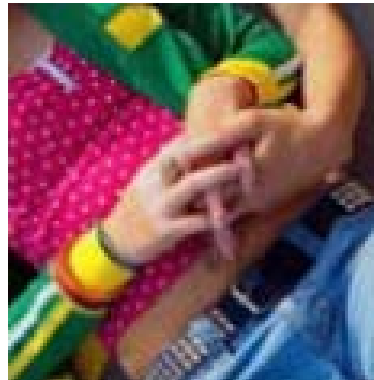
# PSYCHOLOGICAL AND SEXOLOGICAL TRAINING OF FAMILY PEDIATRICIANS FOR THE CARE OF ADOLESCENTS

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## Objective:

Adolescents are interested in existential and ideological issues which involve their choices in terms of identity and sexuality. From predominantly diadic relationships with the same sex, they go through the experience of being part of a group and move to the first affective experiences with the other sex.

Pediatricians need to receive psycho-sexological training in order to hold the affective and relational factors expressed by the adolescents better.



## Design and methods:

During 2008-09, three training courses for 100 pediatricians of FIMP (Italian Federation of Pediatricians) were organised in the provinces of Turin and Vercelli.

The method foresees the integration of medical, psychological, anthropological, sociological and pedagogical knowledge, applied by psycho-sexologists in different ways and with different goals.

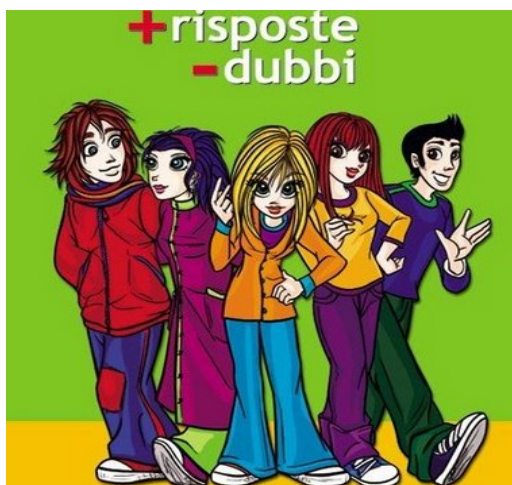
Training courses with lectures were used on predetermined topics and training sessions with clinical case discussions, submission of tests directly completed by participants.

## Results:

Pediatricians acquire some necessary tools to safeguard the psycho-sexual health of adolescents and recognise their sexual habits, in order to guide them to make the right relational and affective choices, while maintaining the relationship with adults within the process of individuation and separation.

## Conclusions:

Pediatricians who have received psycho-sexological training will not only look at the anatomic-physiological aspects of sexual development, but also take account of the intimacy which expresses the adolescent's sexuality.



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