



## A QUALITY EVALUATION OF TRAINING PROGRAMME ON CLINICAL SEXOLOGY IN CHRONIC RENAL INSUFFICIENCY PATIENTS

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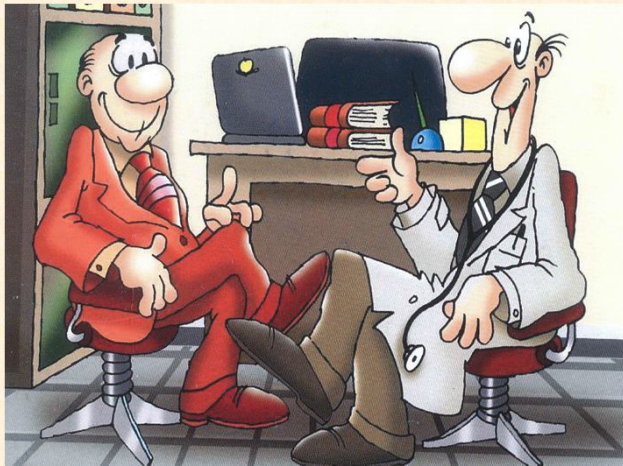
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### INTRODUCTION

Chronic Renal Insufficiency (CRI) negatively impacts on patients' affective and relation experiences, thus compromising their quality of life. The training programme aims at providing a correct sexological background to health professionals in order to prevent the onset of pathological relationships in CRI patients. The course focuses on counselling and active-selective listening tools to deal with any sexual issue that may be brought up and ensure a comprehensive care of patients.

### MATERIAL AND METHODS

67 members of the dialysis staff participated in the course and gave a qualitative evaluation by answering a series of questions. The "Sternberg Triangle Test" and a "Body Perception Test" on sensitive body zones were submitted and completed. Besides lectures, the didactical method included interactive discussions after slide presentations, movies or readings. Didactic brochures were provided.



### RESULTS

84% of the participants felt better informed on how to deal with sexual issues in dialysis patients;  
82% found the course useful and relevant for their profession;  
69% found the duration of the course appropriate (12 hours);  
31% felt the need for more sessions.

### CONCLUSIONS

Gaining awareness of one's own behaviours and rigidities often greatly improves relationships with patients, ensuring a better quality of life for patients and a better professional life for caregivers.



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